



OAK LEAVES

Newsletter from the Oaks Driving Club February 2020

View from the Top

We started 2020 with an excellent days obstacle training with Sarah Jane Cook at Golden Cross, thoroughly enjoyed by all participants and some much needed practice.

Our AGM is shortly coming up, I hope you will all attend, please bring along anyone who is interested in driving, we are always keen to recruit new members. As well as the usual host of trophies we have a points championship for Novice, Intermediate and Open ponies, horses plus multiples with an award to the overall champion gaining the most points from events throughout 2019. As usual there will be a free buffet supper kindly provided by the committee and time to chat after the business part is over.



We are very pleased to welcome Claire Cousens to the committee, she will be overseeing our finances and will be a great help to our Treasurer, Tom Petitpierre. Claire's family own Priory Court at Sayerland Lane where we have had several successful events, we look forward to returning there in the summer.

With the help of Mike Watts from ICD we are now able to take online entries and membership, see <http://www.ihdt.co.uk/oaks.html>. This will make things so much easier and cost effective regarding stamps and envelopes etc. Naturally we will also take cheques and cash from those who prefer to do so.

Our last winter training day is on 28th February with Sara Howe, places are all booked but spectators are very welcome to come and watch for free.

Liz Howe - CHAIRMAN

**Next Event: AGM, Broadoak Village Hall TN21 8SS
Sunday 23rd February at 7pm.**

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OAKS COMMITTEE

CHAIRMAN, PUBLICITY OFFICER & NEWSLETTER EDITOR

Liz Howe (6pm - 9pm) Tel: 01273 515527
91 Denton Road, Denton,
Newhaven, East Sussex BN9 0QD
Email: elizhowe515527@gmail.com

VICE-CHAIRMAN, TRAINING OFFICER & COMMITTEE SECRETARY

Moira Evans Tel: 01342 823232
Hillside Cottage, Sandy Lane,
Colemans Hatch, Hartfield TN7 4ER
Email: moiraeevans@gmail.com

MEMBERSHIP SECRETARY & SAFEGUARDING OFFICER

Christina Fowden Tel: 01825 890603
Bridleway Cottage, Green Lane,
Blackboys, East Sussex TN22 5LA
Email: christina.fowden@hotmail.co.uk

CLUB SECRETARY & SHOW SECRETARY

Jan Curd Tel: 01323 849615
54 Ersham Road, Hailsham,
East Sussex BN27 3LG
Email: jan.curd@yahoo.co.uk

SOCIAL SECRETARY

Andrea Scott Tel: 01825 733608

FIRST AID

Jan Curd Tel: 01323 849615
Andrea Scott Tel: 01825 733608
Kevin Jeffrey Tel: 07984 997333

TREASURER

Tom Petitpierre

FINANCES

Claire Cousens Tel: 07734 308328

COURSE BUILDER & YOUNG DRIVER LIAISON

Jason Fieldwick Tel: 07901 827500

HEALTH AND SAFETY

Kevin Jeffrey Tel: 07984 997333

DATES FOR YOUR DIARY 2020

February

Sunday 23rd AGM, Broadoak Village Hall
TN21 8SS. 7pm.
Friday 28th Indoor Training with Sara Howe,
Golden Cross Equestrian Centre
BN27 3SS.
Contact: Liz Howe

March

Saturday 28th Spring Indoor Event, Golden Cross
Equestrian Centre BN27 3SS.
Contact: Moira Evans

April

Tuesday 21st Charity Quiz, Berwick Inn
BN26 6SZ
Contact: Jan Curd

May

Sunday 10th Show (provisional)
Saturday 16th Inside/Out, Burchetts Farm,
Whitesmith BN8 6HA
Contact: Kevin Jeffrey

June

Sunday 7th Evolution Event, Priory Court
Farm, Sayerland Lane,
Polegate BN26 6QX
Contact: Christina Fowden

July

Friday 17th On Foot Marathon Training,
Berwick BN26 6SP
Saturday 18th Members Training, Berwick
Sunday 19th Open Mini ODE, Berwick
Contact: Liz Howe

August

Sunday 23rd Strictly Come Driving,
Broad Farm BN27 4DU
Contact: Liz Howe

September

Sunday 6th ODE, Priory Court Farm,
Sayerland Lane,
Polegate BN26 6QX
Contact: Jan Curd
Sunday 27th World Cup, Hale Farm BN8 6HQ
Contact: Pru Wynne-Evans

October

Saturday 10th Autumn Indoor Event, Golden
Cross Equestrian Centre BN27 3SS.
Contact: Moira Evans

visit the website for up-to-the-minute news

www.oaksdrivingclub.com

DISCLAIMER: The views expressed in the articles printed in the Oak
Leaves are those of the contributors and do not necessarily reflect
the views of the Editor of the Oaks Committee.

Equine Herpes Virus

What is equine herpes virus (EHV)?

Equine herpes viruses are viruses that are found in most horses all over the world. Almost all horses have been infected with the virus and have no serious side effects. It is currently unknown what causes some infected horses to develop the serious neurological forms that may be fatal.

EHV stands for equine herpes virus.

This is a family of viruses which are named by numbers such as EHV 1, 3, 4. There are more viruses in this family, but EHV 1, 3, and 4 pose the most serious health risks for domestic horses.

Equine herpes virus myeloencephalopathy (EHM) is another name for the neurologic disease associated with equine herpes virus (EHV) infections.

EHV-1: Can cause four manifestations of disease in horses, including neurological form, respiratory disease, abortion and neonatal death.

EHV-3: Causes a venereal disease called coital exanthema that affects the external genitalia but has not been shown to affect fertility.

EHV-4: Causes a nonfatal upper respiratory tract disease in foals and is uncommonly associated with abortion and rarely with neurological disease.

EHV is a common DNA virus that occurs in horse populations worldwide. The two most common species are EHV-1, which causes abortion, respiratory disease and neurologic disease; and EHV-4, which usually causes respiratory disease only but can occasionally cause abortion and rarely neurological disease.

Respiratory disease caused by EHV is most common in weaned foals and yearlings, often in autumn and winter. Adult horses are more likely than younger ones to transmit the virus without showing signs of infection.

EHV-1 myeloencephalopathy (EHM) results from widespread vascular or blood vessel injury after damage to the lining of the blood vessels of the blood-brain barrier. Neurologic signs result from inflammation of the blood vessels, blood clots, and death of neurologic tissue. Cases of EHM occur singly or can affect multiple exposed horses. They may or may not be associated with a previous or ongoing EHV-1 respiratory or abortion disease outbreak.

How does EHV spread?

EHV-1 is contagious and spread by direct horse-to-horse contact via the respiratory tract through nasal secretions. It is important to know that this virus can also be spread indirectly through contact with physical objects that are contaminated with the virus:

Human contaminated hands or clothing

Contaminated equipment and tack

Contaminated trailers used for transporting horses

Contaminated wipe rags or other grooming equipment

Contaminated feed and water buckets

The air around the horse that is shedding the virus can also be contaminated with infectious virus. Although it is known that the virus can be airborne, it is difficult to establish the distance the virus can spread in this manner under typical horse management and environmental conditions.

How long can the virus live outside the horse's body?

This includes on clothing, footwear, walls, buckets, tack, etc.

The virus can survive up to 7 days in the environment under normal circumstances, but can remain alive for a maximum of one month under perfect environmental conditions. The most important measure is to first clean equipment and horse housing areas. (Please note: It is important to wash and rinse surfaces when possible prior to applying disinfectants.) Cleaning first allows for removal of organic material which makes the disinfectants more effective. After cleaning the surface, follow with a disinfection process. The virus is easily killed in the environment by most disinfectants. Conventional disinfectants and detergents are the best. It is important to perform hand hygiene (wash hands with soap and dry thoroughly or use alcohol based hand sanitizer) when moving between horses that are grouped separately to avoid spreading pathogens that may contaminate your hands.

What are some of the signs of EHV?

After infection, the incubation period may be as short as 24 hours, is typically 4-6 days, but can

be longer. EHV-1 typically causes a biphasic (two-phase) fever peaking on day 1 or 2 and again on day 6 or 7. With respiratory infections there is often serous or mucoid nasal and ocular discharge, but not a lot of coughing. There may be some persistent enlargement of submandibular lymph nodes (lymph nodes under the jaw). With the neurologic form, there are typically minimal respiratory signs, fever (rectal temperature greater than 101.5 degrees F) being the only warning sign. Neurologic disease appears suddenly and is usually rapidly progressing, reaching its peak intensity within 24 to 48 hours from onset of initial neurologic signs. Clinical signs of the neurologic disease may include:

Nasal discharge

Incoordination

Hind limb weakness

Lethargy

Urine dribbling

Head tilt

Leaning against a fence or wall to maintain balance

Inability to rise

How is EHM diagnosed?

Diagnosis of EHM is based on clinical signs and isolation of the virus. Diagnostics performed by your veterinarian may include:

Nasal swab collection for laboratory examination and detection of virus by quantitative polymerase chain reaction (qPCR) assay and/or by virus isolation.

Blood collection to detect virus by qPCR assay or by virus isolation.

Blood samples should be collected 2 to 3 weeks apart for levels of antibodies specific to EHV-1.

Is it safe to travel with my horse? (i.e. horse shows, etc.)

Consult with your local and state/provincial veterinarian's office regarding any newly developed travel restrictions.

Safety and precaution is always recommended, even when an outbreak has not occurred. Biosecurity is important at all times.

Obstacle Training with Sarah Jane Cook

We had a very enjoyable days obstacle training with Sarah Jane Cook. As well as an obstacle, Sarah made square grids from jumping poles to encourage correct positioning of horse and carriage. It was great fun and an excellent exercise to 'get your eye in' before going on to drive the actual obstacle.

Alison Bones drove her lovely new pony who took it all in his stride, a good practice before the club indoor event in March.



Alison Bones driving her new pony



Helen Bridges, Cheryl Hurlle and Billy

I've heard the expression 'wearing ones heart on ones sleeve' but Helen Bridges took it to another level with her Shetland pony, Billy sporting a heart clipped through his coat - on his bottom!

Thank you very much to Sarah for a lovely day - members are now clamouring for another one!

OAKS DRIVING CLUB LTD

ACCOUNTS FOR THE YEAR ENDED 31st December 2019

Income was received from:	2019	2018
Subscriptions	1,171	1,154
Deposit Account Interest	26	19
 Club Activities:		
Events	4,621	4,401
Club Show	-	1,116
Training	1,002	1,379
Social	250	-
Catering	175	881
Bursary / Donations	-	-
	7,245	8,850
 Expenses consisted of:		
Affiliation Fee	693	754
Equipment Maintenance	318	140
Secretarial Expenses	243	937
Event costs	2,969	5,261
Training costs	920	-
Show costs	-	541
Social costs	342	91
Donation/Sponsorship	-	
Meetings	64	134
Catering	468	502
Sundries	151	178
	6,168	8,538
 Net Profit/Loss for the Year	 1,077	 412
 Capital Sale		
Trailer	1,650	
 Bank Accounts		
HSBC	£10,938.37	
Santander	£4,448.29	

Copy for the April newsletter should be sent to Liz Howe by 25th March 2020

Email: elizhowe515527@gmail.com

If you would like to receive your newsletter by email, please contact Liz at the above address.



Online entries and membership
www.ihdt.co.uk/oaks.html

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OAKS DRIVING CLUB MERCHANDISE

Sweatshirts - Yellow embroidered logo on navy sweatshirt. Small, Medium, Large, X Large, XX Large

Polo Shirt

Body Warmer

Showerproof Jackets

Car Sticker - 50p

Contact: Jan Curd. Tel: 01323 849615

MEDI ARMBANDS

Porcelain Mugs £5.00 each or 6 for £25

Badges (metal) £3.50

Hand cut lead crystal glass tumbler with Oaks logo £7.50

10 notelets with white envelopes £2.50

Contact Jan Curd 01323 849615

Cheques payable to The Oaks Driving Club

**Find us on Facebook
The Oaks Driving Club**

